

OTHER VEGETABLES

(EGGPLANT, BEET, OKRA, PARSLEY, CILANTRO)

Eggplant

Solanum melongena. A member of the nightshade family, eggplant (also called aubergine or brinjal) is an annual in Wisconsin. An ornamental edible, its fruit is egg-shaped or cylindrical, and it can be purple, white, green, yellow or orange. Eggplant is eaten in Indian, Italian and Asian dishes. Eggplant does well in appropriately-sized containers and smaller garden spaces. Pick when young and tender. Plant in a well-drained, fertile, sunny location after any danger of frost. Stake as needed.

CASPER

COLOR: white

HEIGHT: 22-38" tall

SIZE: 6" long

Medium size, very attractive, smooth ivory-white fruit that has a very mild mushroom-like flavor. Prolific plant. Fruit ripens early. An excellent variety for specialty growers and gardeners. 75 days.

DIAMOND

COLOR: purple

HEIGHT: 24" tall

SIZE: 9" long

An increasingly popular Ukrainian variety known for excellent texture and flavor. This variety bears dark-purple eggplants with green-tinted flesh that are 9" long and 3" in diameter. The fruits are borne in clusters of four to six on 2'-tall plants. Disease-resistant, and rarely bitter. 70 days.

PATIO BABY

COLOR: dark purple

HEIGHT: 16-20" tall

SIZE: 2"-3" egg-shaped

AAS winner. Dwarf plant (16-20") produces plentiful harvest of mild, sweet fruit.

Thornless. Perfect for containers! 45 days.

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Dill

Anethum graveolens. An annual herb in the celery and parsley family, Dill is native to the Mediterranean and Western Asia. Dill has delicate, feathery leaves and fantastic value in the kitchen. Use fresh or dried. Use the seeds or the leaves. Try on fish and chicken, in marinades, or for pickling vegetables. Plant in a well-drained, fertile, sunny location in early summer. Stake as needed. Protect from strong winds.

SUPERDUKAT

HEIGHT: 5' tall

An improved variety of dill that is slower to bolt than 'Bouquet'. Plants grow to 5' tall and are uniform in height for easier harvesting. 50 days to leaf harvest, 100 days to seed harvest.

Catnip

Nepeta Cataria. *Nepeta cataria* is thought to have taken its name from the ancient Etrurian city of Neptic. A perennial plant native to Europe and Asia, catnip grows best in full sun combined with average, well-drained soil. It is known to attract bees, butterflies or birds and has fragrant blossoms. Catnip self-sows freely; remove flowers (deadhead) if you do not want volunteer seedlings the following season.

NEPETA CATARIA CATNIP

COLOR: purple flowers

HEIGHT: 2'-3' tall, 2'-3' wide

The multi-function herb! Catnip leaves have been used (fresh or dried) for making an herbal tea that reportedly helps reduce anxiety, induce sleep, promote perspiration (fever/cold relief), soothe sore throats (cough suppressant) and comfort upset stomachs. As a culinary herb, fresh leaves (minty flavor) may be chopped and added to soups, stews, sauces, vegetables, or pasta. As a garden plant, catnip acts as a repellent for certain insects, including aphids and squash bugs. And your cat loves it! .

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Wonderberry

The wonderberry is a man-made cross between *Solanum villosum* and *S. guineense*, produced in the early 20th century by renowned plant breeder Luther Burbank. Plant in a well-drained, fertile, sunny location after any danger of frost. Fruit is ripe and ready for consumption when berries are **completely black**. Do not consume unripe berries.

SOLANUM BURBANKII

HEIGHT: 24" tall

Tasty, small blue-purple fruit good fresh or cooked. Use in jams, jellies and pies! Small plants produce good yields in about 75 days. An historic heirloom that is easy to grow. 75 days.

Bok Choy

Brassica rapa var. Chinensis. An excellent source of Vitamin C, vitamin A (in the form of carotenoids), and manganese, and a good source of zinc. A member of the cruciferous family of vegetables, Bok Choy is easy to grow and easy to use! Plant in full sun to part shade (requires 3-5 hours of sun a day). Bok Choy is a cool season plant. Water consistently, as drought can cause it to bolt. Edible raw (salads, sandwiches) and cooked (soups, stews, stirfrys).

BRASSICA RAPA 'PURPLE LADY'

HEIGHT: 8-10"

Slow-growing 8–10" deep purple rounded leaves are decorative AND delectable. No bolting. Use in egg rolls and stir frys!

Coriander/Cilantro

Coriandrum sativum. Use as fresh leaves (cilantro) or dried seeds (coriander). Fresh leaves are commonly used in Asian and Mexican dishes. People seem to either love or hate the sharp taste of cilantro leaves! Allow the plant to go to seed to obtain coriander seeds which are used whole or ground as a spice. Coriander has a warm, nutty, citrus flavor, and is used in Indian dishes and even Belgium wheat beer.

POKEY JOE

HEIGHT: 18" tall

Excellent tasting leaves on 18" tall plant. Slow to bolt - very "pokey" to set seed!

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Okra

Abelmoschus esculentus. Okra thrives in hot weather and warm soils and is drought tolerant, although it needs moisture during flowering and pod set. Pods impart a thick viscosity to gumbo and other southern dishes. Even if you don't care for the taste grow okra for the beautiful form and flowers alone!

BABY BUBBA

HEIGHT: 36-48" tall

A cool dwarf plant for small spaces! Grows just half the height of standard okra plants, but with full-sized fruit. This narrow upright plant grows well in 12 to 14-in. containers for the patio. A must-have ingredient for gumbo!

Parsley

Petroselinum crispum. Parsley is a member of the carrot family and is usually grown as an annual. Plant in a moist, sunny location and continually harvest the leaves to keep from bolting. While both are edible, flat parsley has a sweeter flavor and is a better for cooking whereas curly varieties are often used as a garnish or an attractive addition to the garden. Parsley contains anti-oxidants and many vitamins.

MOSS CURLED

HEIGHT: 12" tall

Finely divided leaves make this parsley superb for use as a garnish. Flavor is excellent, too! Plant reaches 12" in height.

GIANT OF ITALY

HEIGHT: 18-20" tall

Huge, dark-green leaves are flat and borne on strong stems. Classic parsley taste, perfect for salads or cooking. High yields. 75 days.